



Back to School. Back to Fitness.

Receive \$0 September dues when you purchase a starter kit. Invest in your health and fitness with a membership at MercyOne Health & Fitness Center.

GOLD	SILVER	BRONZE
<p>\$150 (Value \$300)</p> <ul style="list-style-type: none"> ✓ Assessment and orientation ✓ Personal training <i>(five 30-minute sessions)</i> ✓ Performance t-shirt ✓ 60-minute Nutrition Consult ✓ \$50 Golden Ticket gift certificate 	<p>\$100 (Value \$210)</p> <ul style="list-style-type: none"> ✓ Assessment and orientation ✓ Personal training <i>(four 30-minute sessions)</i> ✓ Performance t-shirt 	<p>\$75 (Value \$120)</p> <ul style="list-style-type: none"> ✓ Assessment and orientation ✓ Personal training <i>(three 30-minute sessions)</i>

Offer expires 9/30/2019. Ancillary sessions expire six months from date of purchase. If you opt not to select a Starter Kit, your enrollment fee is \$50. Cannot be combined with any other offer. Regular monthly dues begin October 1, 2019. Some restrictions may apply. See center for details.

For more information, visit mercyhealthfitness.com/specials/ or call 515-226-9622.